Diagonal Seed Stitch
Pattern: Multiples of six
Row 1: K5, P1 to end
Row 2: P1*K1, P5 end,K1, P4
Row 3: K3*P1, K5 end,P1, K2
Row 4: P3*K1, P5 end,K1, P2
Row 5: K1*P1, K5 end,P1, K4
Row 6: P5, K1

Four Stitch Ribs
Pattern: Multiples of 8 plus 4
Row 1: K4, *P4, K4 to end
Repeat this row. You are knitting the purl stitches and
purling the knit stitches on each return row.