WAFFLE STITCH

Make a foundation chain of 21 sts (multiple of 4 plus 1).
1. Dc in 4th ch from hook and in each chain across. Ch 1, turn.
2. Picking up the front loop only of each stitch, sc in first 3 dc, * ch 1, skip next st, sc in next 3 dc. Repeat from * across, ending with ch 1, skip next st, sc in last 2 dc and in top of turning chain. A ridge has been made on right side. Ch 3, turn.
3. Working through both loops of each stitch, skip first sc, dc in next 2 sc, * make a tr around the bar (Fig. 31 on page 18) of the free st directly below next ch-1 sp; skip the ch-1 sp, dc in next 3 sc. Repeat from * across. Ch 1, turn.
4. Repeat Steps 2 and 3 for desired length. Break off and fasten.

FRONT POST DC (FPdc)

YO insert hook from front to back around post of next st, YO & pull up a loop, YO & draw through 2 loops on hook, skip st behind.